

Sleep Mask

By Nicole McKenzie



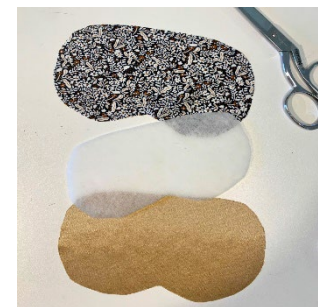
This sleep mask is a fast and easy project for makers of all abilities and a great way to use up some scraps. Perfect for travel, daytime naps, or just a luxurious night of rest, plus it makes a great gift.

Machine Requirements

1. [PFAFF sewing machine.](#)
2. 22cm (w) x 11cm (h) Satin, viscose, or cotton (for outer layer)
3. 22cm (w) x 11cm (h) Satin (for lining)
4. 22cm (w) x 11cm (h) Lightweight iron on batting
5. [PFAFF Universal Sewing Machine Needles](#)
6. Approx. 35cm lingerie elastic
7. General Sewing Equipment

Cutting Instructions

1. Cut the pattern template at end of the notes
2. Cut out your pieces:
 - a. One outer fabric
 - b. One lining
 - c. One batting
3. Trim batting 1cm around edges.



Sewing Instructions

1. Iron on batting to wrong side of outer fabric. Picture 1.
2. Pin and sew elastic to outer fabric with right sides together, ensuring the elastic is not twisted. Picture 2.
3. Pin and sew outer fabric and lining, right sides together using a 1cm seam allowance and leaving a 5cm hole (for turning mask inside out). Your elastic will be enclosed within your mask at this point. Picture 3.



Picture 2



Picture 1



Picture 3

HINT: When sewing multiple or thick layers together, engage you IDT™ . The time-tested PFAFF original IDT™ system guarantees the optimal feed you expect

on all types of fabric with absolutely even fabric feed from both the top and bottom.

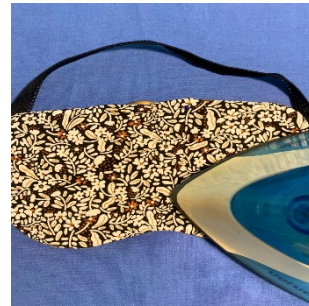
4. Trim seams to .5cm and cut small notches (triangles) around curves, being careful not to cut the stitching. Picture 4.
5. Turn mask right side out – you are almost finished! Picture 5.
6. Press, ensuring the lining is not visible from the front. Picture 6.



Picture 43



Picture 5



Picture 6

7. Hand-sew the hole closed using a ladder stitch OR machine top-stitch around the edges of your mask, closing the hole with your top stitching. I chose to top stitch .5cm from the edges.



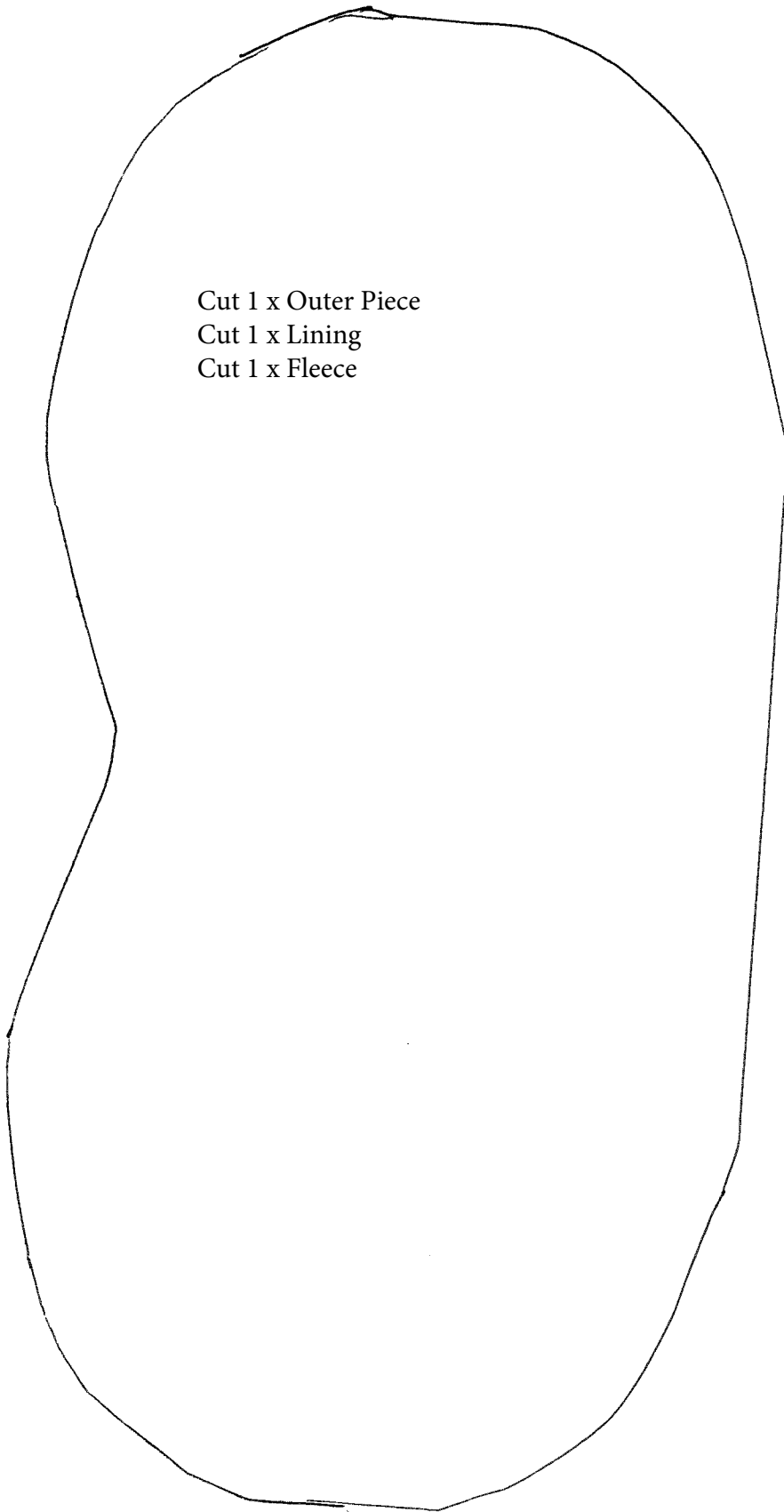
8. Press once more for a neat finish.

9. Try on your mask and (if the time is right) have a sneaky snooze!



Congratulations on finishing your project!

We can't wait to see what you create! Don't forget to share them with us on Instagram, tagging [@pfaffsewingaus](https://www.instagram.com/pfaffsewingaus) and using the hashtags #pfaffsewingaustralia #pfaffsewing #perfectionstartshere or our Facebook page [Pfaff Australia](https://www.facebook.com/PfaffAustralia)



Cut 1 x Outer Piece
Cut 1 x Lining
Cut 1 x Fleece